



Living A Course in Miracles

Homework Class on Healing
the T(error)ist Within



With Jennifer Hadley



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Homework Class on Healing the T(error)ist Within

July 20, 2016

Jennifer

Welcome to *Living A Course in Miracles*. I'm Jennifer Hadley and it is my absolute Joy and pleasure to be able to offer these three series of classes to you. This is our 10th series of classes. We've been doing them for five years. It's a Joy for us to be able to offer all these classes for free to you, donations and contributions that make it possible. I encourage you to share this class with your friends.

One of the things I particularly invite you to do is to listen to the replays with your study group or with other likeminded people because we really designed these as classes. You're going to see or feel or hear in our class today, this is a real class. I'm going to give you things that you can do at home to support you in really living the Love and walking the talk. That's what we're all about.

Opening Prayer

I invite you to place your hand on your heart. I do this to remind myself that I am wholeheartedly available for insight, Wisdom, Clarity.

So grateful and thankful to wholeheartedly declare that we are the Love of God, we're already as Holy as Holy can be. This is our true nature. We Partner UP with the Higher Holy Spirit Self to remember and recognize I AM that I AM. I AM One with the Infinite. Always have been, always will be. This is the very Truth of our being.

We are grateful and thankful to open our hearts and minds right now to the power of Love, the presence of Love.

We are grateful and thankful to consciously unhook our attachment to ego identification, to identification with the body to playing small. We're finding Freedom in our heart and mind where it's always been. We're choosing Love. We're setting ourselves free and we're sharing the benefits with everyone.



We declare that we are worthy of our awakening. We are worthy of our liberation. We don't have to earn it. We place on the Holy Altar Fire of Divine Love any thought that we have to earn it, that we don't have what it takes, that we are bad or wrong. We're letting those thoughts dissolve and resolve permanently back to the root cause, so that we never experience them again, and we are awakening to our true nature.

In gratitude, we allow the healing to be. In gratitude, we know that it is done, and so we simply say, and so it is. Amen. Amen, Amen, Amen.

Healing the T(error)ist Within by Jon Mundy

Yes. Alright. Jon Mundy picked the topic of *Healing the T(error)ist Within*. In his writing of the word "terrorist," he put parenthesis around the word error. It's *Healing the Error Within*. That error acts like a terrorist. It is the ego and the ego does act like a terrorist. It can be healed. We can and we are remembering our true nature and our true identity.

Truly, the very best tool that we have in our awakening, in our shifting identification from the wrong, bad, less than, not enough, lack and limitation focused ego to remembering our true identity as being One with the Creator, the Sons of God, the Christ Child, the I AM that I AM.

One of the things that we can do is we can really dissolve this identification with the ego. We can give all the lifting, heavy lifting to the Holy Spirit. I say that all the time. Give the heavy lifting to the Holy Spirit.

I know many of you may not have ever heard of me before, you may not have had a class with me before, so I'm going to, as I go through the class today, I'm going to just explain some of the things that I say that are helpful to me. One of them is I say, "Higher Holy Spirit Self." The reason I do that because once I got into *A Course in Miracles* which, by the way, I didn't start studying *A Course in Miracles* until I was completing my ministerial school studies.

Jennifer's Spiritual Background

Just a little background about me, I got interested in spirituality in my mid-20s, which was 30 years ago. I'm 56 right now. I don't have any problems saying how old I am. It's all an illusion anyway. I started studying spirituality and became very interested in it in my mid-20s. Then in my mid-30s, I moved to Los Angeles and I started taking classes at the Agape International



Spiritual Center. It was founded by Michael Beckwith and which was a part of the Science of Mind Community which still is, is part of that New Thought Movement. I began taking classes to become a licensed spiritual practitioner.

I became a practitioner in 2000 and then I went into ministerial school. I studied for several years at the Ernest Holmes Institute which is part of the Centers for Spiritual Living Community which Agape used to be a part of. Then, when Agape started its own ministerial school, I was in the first graduating class. There were two of us in that initial ministerial school class. I graduated as a minister in 2006. I've been a minister for 10 years.

When I was finishing up my ministerial school studies I was very excited because I said, "Okay. Now, I have time to look at *A Course in Miracles* and I fell in love with the Course. It was so much of what I knew and believed. I Love the language in it. I Love the pentameter, the themes that it's written in. I Love the way that Jesus speaks in *A Course in Miracles*.

I remember the first time I met Gary Renard. We became friends right away. We were going out to dinner. Gary Renard is the author of *Disappearance of the Universe*, which is a wonderful book about *A Course in Miracles*. Highly recommended. In fact, if you've never read *A Course in Miracles* or studied *A Course in Miracles*, I would strongly encourage you to read *Disappearance of the Universe* first. It's not for everybody, but many people find that they really Love *Disappearance of the Universe* by Gary Renard. I Love Gary Renard. When we were going out to dinner that first time, it was a long time ago, but- I just said to him, "Gary, you know, I Love that book. Sometimes I--" Meaning *A Course in Miracles*." I Love that book so much, sometimes I think I could just rip the pages out and eat them. It's just so yummy to me." That's how I feel about *A Course in Miracles*. I never get tired of the Truth.

I used to wonder when I was in ministerial school, "Will I get bored talking about God?" I never have gotten bored. Ever. It just excites me so much. I have such a passion for it. I really can talk about God all day and all night because God is all there is. It's all in inclusive. It's definitely my favorite topic.

Undoing Ego Identification

Healing the error within, Healing the Terrorist Within.

I'm going to give you just a little bit of background on me because it might be helpful to you. I used to feel strongly identified as being bad and wrong. I



didn't feel it. I believed with all my being that there was something really wrong with me. I truly believed that there was something heinous wrong with me. That frightened me. That's that error within. That's that terrorist within.

In my ego identification, I thought I was the ego. Even though I knew that there was in a sense a different voice speaking to me than was my real voice. That different voice speaking to me, the ego, was like a terrorist to me. I was constantly being criticized by the ego. I couldn't seem to do anything well enough except on the occasions would then when I was better than everyone else. I knew everything that nobody else knew. All day long, I vacillated between feeling inferior and superior. It was very painful.

I had a point in my life when I really just wanted to kill myself. The only reason I didn't was because I just couldn't do that to my family. For many years, I felt lost and afraid and was filled with self-loathing. I really was.

One of the things that I did, because I felt so bad and so wrong, I really felt that there was an evil aspect to my being, I felt that there was something unnaturally evil about me. I talk about this because many people feel this way.

I have many times in my classes. I teach, just so you know, I teach a class called *Finding Freedom*. It's my *7-Week Spiritual Boot Camp Class* for people who really are ready to just jump in and make a change and get that real momentum going. I have my *Finding Freedom Boot Camp Class*.

In fact, at the end of this series, I'm going to do a class that's an introduction to that if you're interested in learning more. I also have a yearlong class called *Masterful Living*. In *Masterful Living*, we now have four different sections of it. We have people who have been in *Masterful Living* for many years with me.

That's about really undoing this ego identification. I'm doing it in spiritual community with Prayer Partners and really having that huge level of support which is all about what I'm interested in doing is creating support systems for people who would like to do this work. I did a lot of it in community, but I also did a lot on my own. I used to yearn for people who wanted to take that deeper walk. Now I offer classes where people can do that.



I often talk about in my classes this feeling that I had of being evil and bad and wrong because it's not talked about very much. There are many spiritual teachers who don't feel comfortable admitting that's how they feel or how they felt. Many spiritual students don't feel comfortable really being authentic and transparent about the way they're thinking and the choices that they're making. That was something that was very true for me.

One of the things I did for many years, as a spiritual student, I would isolate and self-medicate. I would self-medicate with alcohol, with cigarettes, with food, with television. I would also self-medicate with talking, talking on the phone with my friends and going over at my pity party stories. I had a lot of really negative habits that I used to unknowing to me, perpetuate my misery. Because I was so ashamed that here I was the spiritual student, spiritual studying to be a practitioner, and I would go to my practitioner classes, then stop on the way home and get a bottle of wine or a pack of beer and a pack of cigarettes, and things like that, and go home, and self-medicate, staying up late, drinking, smoking, watching television, until I just had to go to bed.

While I was doing that--and then again, when I would wake up the next morning, I would think, "What is wrong with me? Oh, my God, here I am studying to be a practitioner, I feel so uplifted in class. I feel so wonderful and then I just go home and trash myself."

There are all these kinds of ego patterns that we engage in where the meaning that we make of it is, "We're just bad. We're just bad and wrong. Bad to the bone." There's nothing that can be done about it. We just got to keep it hidden and feel ashamed. I am all about bringing to the light because it's all false. I now--even though that was torturous for me, torturous, I now wouldn't trade a minute of it. I'm so grateful for it because now I can speak about it and teach about it and be helpful to others.

You see, part of what Spirit gave me for the name of this series is about living the miracle and be truly helpful. They are One and the same. When we are living a miraculous life, then we are being truly helpful to everyone because all minds are joined.



What A Course in Miracles Is About

Now, *A Course in Miracles*, I know many people who come to these classes are attracted to learning about *A Course in Miracles*, but might not be *A Course in Miracles* student.

A Course in Miracles tells us that a miracle is when we change our mind from that ego thought system to our true thought system which is the thought system of God, the thought system of Love. The ego thought system is all about separation which is completely false. There is no way for any of us to separate ourselves from God or from each other. We are all One eternally. Yet much of our life and certainly every place where we're ego identified is all focused on separation and experiencing separation and all the habits of separation.

Our class today is dedicated to healing that. I'd like to refer to the text a little bit of *A Course in Miracles*. I Love the text. One of the things that *A Course in Miracles* tells us is that our human experience is an illusion. It's a projection of our mind. Our thoughts are what make our experience.

In *A Course in Miracles* defines the difference between what the ego makes and what God creates. We are created by God. We are One with God. *A Course in Miracles* really tells us, we're the child of God. We're the Christ Child. One of the ways I think about it is the Mother-Father-God Presence gave birth to the Christ Child. That's what the Son of God is.

A Course in Miracles tells us that God's Son is already as Holy as Holy can be. God Son is that Christ. That's what humanity is. That's what we are. It's what we always have been and always will be, is this perfect Love. It's Christ-ed nature.

Our willingness to remember that we're already perfect and the only work we have to do is give up the attachment to believing that we're not perfect.

Aligning with God's Thought System

In the text, Chapter 11 is called *God or the Ego*. In the introduction to Chapter 11, it says,

"Either God or the ego is insane. If you will examine the evidence on both sides fairly, you'll recognize this must be true. Neither God nor the ego proposes a partial thought system. Each is internally consistent, that they



are diametrically opposed in all respects so that partial allegiance is impossible."

Basically, you're either aligned with God's thought system which is our thought system, our true thought systems, or with the egos. You can't be a little bit pregnant and you can't be a little bit identified with both. It's one of the other. You can't ride two horses going in opposite directions. It's just not possible.

It says, "Remember, too, that the results of these two-thought systems as are different as their foundations, and their fundamentally irreconcilable natures cannot be reconciled by vacillations between them."

If we'd like to reconcile this dichotomy, the desperate nature of these two-thought systems, we can't do it by vacillating back and forth.

It says, "Nothing alive is fatherless for life is creation. Therefore, your decision is always an answer to the question, 'Who is my father?' And you will be faithful to the father you choose."

What is telling us here is that all day long whether we know it or not, we're asking the questions: "Who is my father? Is my father God? Is my father the ego?"

I want to say here that when I first came to the Science of Mind teachings, back in the early '90s, everybody at Agape use the word "God." Up until then, I didn't want to use the "God" word because the "God" word to me smack patriarchy and oppression and manipulation. I did not want to use the "God" word. I was offended deeply by the "God" word. God the Father--no, I don't know anything about God the Father. No. I know Love. I know life. I know Universe. These are the words I feel comfortable with.

But I recognized that having an aversion to the word "God" or calling God the Father was not helping me in being more loving. My perceptions about the meaning of those words and them symbolically representing oppression, religious oppression that was my interpretation. I decided to let it go and just use the "God" word. I never really said God the Father. That's not been my thing for a long time. I said Mother-Father-God, but to me God doesn't have a gender because God is not a person. It's not human, so it's genderless. But Mother-Father-God, Divine Mother, Divine Father, I can relate to those. I'm just telling you where I am. I think this is helpful that we ask these questions,



"Who is my father? Who is my mother? Who is my parent?" We're going to be faithful to the parent we choose, the ego or God.

Waking Up from the Illusion

It goes on to say, "Yet what would you say to someone who believed this question really involves conflict?"

The question of who is my father.

"If you made the ego, how can the ego have made you?"

"If you made the ego, how can the ego have made you?" What is telling us here is that we made the ego. The ego did not make us. We were made by God. We were created in the image and likeness of God. We decided to make the ego and then say that the ego made us that we're not of God. We're separate from God. The ego is separate from God and the ego made us. This is part of the illusion, part of the delusion.

That's why spiritual students usually go through a period, I certainly went through it, where we feel disillusioned, where we're disconnecting from our identification with the ego and the illusion, and we can feel disillusioned and we can also feel lost, lost in time and space. I definitely went through a period of years where I really felt lost in time and space because I was waking up from the illusion which I'm still doing. In that waking up from the illusion, I was discovering that so much of what I thought was true, was not true, so much of the meaning I've made of things was not correct. It was very depressing because then I felt lost. I felt confused because I've been so identified with the ego. As I began waking up in being more loving, being more compassionate, that was a time very joyful, but it was also disorienting.

It says here, "If you made the ego, how can the ego have made you?"

Again, this is the beginning of Chapter 11. It's my page 193.

It says, "The authority problem is still the only source of conflict, because the ego was made out of the wish of God's Son to father Him."

The authority problem is still the only source of conflict because the ego was made out of God's Son--excuse me, out of the wish of God's Son to Father God, to be the Father of God. That was the wish that created the ego. We wanted to be the God of our world and to decide who's good, who's bad, who's right, who's wrong, who is worth loving and who is not, who will be punished.



It was our collective decision to experiment with that, to experiment with separation because it's just not possibly to actually ever be separate. All we could ever create in terms of experiencing separation was an illusory world. That's what we did. That created the authority problem which is the only source of conflict.

Every single conflict that we see in the world or we feel in ourselves is an expression of this one and only conflict. That conflict can also be described as we say, we'd like the Peace of God, but we're not willing to employ the means necessary to attain it. The only way to attain the Peace of God is to choose Love consistently and to give up the thoughts of lack, attack, limitation and separation.

All day long if you're paying attention, you're probably focused on thoughts of lack, attack, limitation and separation. That's where most of humanity puts most of their attention, lack, attack, limitation and separation. That's what keeps our feeling conflict, experiencing conflict and seeing conflict in this world alive. It's important in this healing the terrorist within, healing the error within, to recognize where the conflict comes from.

When I was younger and I felt so lost and confused, one of the things I did in order to make myself feel more powerful, and I really did this completely and consciously, was I would pick on people. I would pick on myself and I would pick on others. Nobody was ever good enough. Everybody was wrong. Everybody was bad. Some people were better than me, some people were worse than me. It was that constant evaluation for separation. That's the major tool of the ego is the sorting and separating by means of labeling.

Labeling Is Judgment

I'm going to invite you to just turn within right now. If you have a notebook, a pad and a pen, this would be a place where if you're listening to the replay, you can pause and go get your pad and your pen. To just take a few minutes- this is, of course, something the ego would never want you to do. The ego's too busy doing nothing important except keeping you feeling stuck. But to take a few minutes and just consider, "What are some of the labels that you have taken on for yourself? What are some of the labels? What are some of the labels?"

Labels are a major way that the ego keeps that error going, the error of separation. It keeps the terror going, is the labeling. The labeling could be not



good enough, bad, wrong, ugly, fat, or stupid. Just identifying, "What are some of the labels?" These are all judgments.

You could say, "Well, wait a minute. That person or myself, I'm definitely 100 pounds overweight. I'm fat. They're fat," but what's the purpose of the label? Is it to separate? Is it to sort and separate? Looking at all the ways we label, "stupid," "addict." We Love to label things. We always feel--the ego always feels so much better when it can label everyone in everything. But if you start to recognize that these labels are a weapon that the ego uses to make us feel more separate, you may become less interested in labeling.

One of the habits in my mind that I've done a lot of work with is just noticing that I go throughout the day thinking thoughts like, "He's never going to do that," or "She's always going to let me down," "She always forgets to blah, blah, blah," "I always forget I'm never going to, they're never going to, they never remember to." These kinds of statements are also part of the labeling. Labeling is like casting a spell because our mind is so powerful. It's so powerful.

Remember, this is what projection is all about. You have the belief system and the belief system comes from your interpretation and the meaning you've made of things while you're identified with the ego, because what's true is true. Truth is not a belief system. You can believe the Truth, but that's different than knowing the Truth. Knowing the Truth sets us free. Believing the Truth doesn't set us free, but it gets us closer to it. Our belief system is--you can think of it as the coagulated remembrance of the meaning that we've made of things, the interpretation that we've made of things from a previous incarnation or earlier in our life. Everything that's not true, that's the meaning we've made of things. It's our interpretation. When we're identified with the ego, becomes a belief pattern or system that we get to heal in this lifetime. That's we have set out to do.

That's why *A Course in Miracles* tells us in Lesson 135, Paragraph 18 that everything, everything that we experience in this world, every situation, every circumstance, every relationship, every occurrence has been gently planned by one whose only purpose is our good. It tells us that you don't need to plan. You don't have to plan your life out because the ego plans to protect.

Now, obviously as a spiritual teacher, I'm traveling around the world. I'm teaching and speaking. I have a lot of plans. But the thing is, I don't have strong attachments in my plan. If things changed, oops, things changed.



Something that serves in a higher and better way is unfolding. I know that every time the plans changed.

Sometimes I have an attachment to what's going on and then I can notice, "Ha, I wish we're going to do that. It's a beautiful day here in summertime. I'm visiting with my brother's family and my 10-year-old nephew Mikey and I later today, we're going to make strawberry shortcake. We're going to make buttermilk biscuits and whip up some cream and cut up the strawberries." I have a slight attachment to that. I have to say. I Love strawberry shortcake in this summertime and so that fill through.

I might be a little like "aw," but I wouldn't be angry or upset or hurt. That's how you know you have an attachment when things change, you feel upset, and then you've got an attachment. Every time we realize we have an attachment, there's an opportunity to have a healing.

I was talking about this in the radio show this week. Actually, yesterday. That's something I'll just mention right there. *A Course in Miracles* radio show have been offering that radio show at Unity.fm, the Unity Church Network. Our ministry, Power of Love Ministry supports that free radio show. We have over 240 episodes as of this week, I think 245. They're all free from the download. You can go to LivingACourseinMiracles.com or at JennierHadley.com to access the podcast. You can go to iTunes and search for it or you can probably just search for it at Jennifer Hadley, *A Course in Miracles* radio at Google and find the links to it in different places.

I do encourage you if you listen to my radio show and you like the radio show to write a review from wherever you get it, we'll just help more people to find it. It's all free. That's helpful thing you can do. It's a way to be truly helpful to other. The more people that write reviews, the more the podcast services promoted.

Labeling is sorting and separating. That's the purpose of it. I invite you to turn within for a moment here and think of the labels that you put on other people. The labels that you put on other people.

Only Love Can Unfold

Here in the United States, I know we have many listeners from outside the United States, here in the United States, as everybody knows. We have a presidential election coming up in November and this has been the most



drawn-out election. I feel like this election started when I was a child. It has been going on so intensely for so long. Boy, the display of ego, oh, my goodness. Oh, what a display of ego. Yes, indeed.

Many people become very frightened around the election. Frightened of who will win, who will lose, and feeling even that there's no good candidates, don't like any part of this, I don't like watching the whole process. It's disheartening. It feels so unloving and so egotistical. I understand all of that. We're here to hold the high watch. What does that mean "holding the high watch"? It means to know absolutely in our heart that unequivocally only the highest and best can unfold. Only Love can unfold.

That's what it's saying there in Lesson 135, Paragraph 18 is, all events, situations, circumstances and occurrences are gently planned by One whose only purpose is your good. That one who did the gentle planning is your own self. It is the Holy Spirit. We're One with the Holy Spirit. That's why I say Higher Holy Spirit Self because we're not separate from the Holy Spirit. We're not separate from God. We are emanations from God. We're aspects of God. We're the Son of God. We are created by our creator. The only real conflict we have is that we--whether we recognize it or not, we feel that the ego has made us not God. That's why we feel bad and that's why we feel wrong, so we think.

Another reason we feel bad and wrong so much of the time is because we -- whether we recognize or not, we have chosen to be renegades. We've gone renegade from God. In the end, we'll all realize it was just an illusion. It was just an experiment. It's like playing a videogame. People play videogames where they kill many people. People play videogames where they blow things up, where they really hurt others. Even people who would never actually--like my nephew, he would never hurt anybody, but he loves to blow things up in a videogame. That's kind of how this illusion can be, but it seems so real, because we're so identified with it, that we frightened ourselves.

It says here, "The ego was made out of the wish of God's Son..." That's us. "...to father God."

We decided we would like to be the God of this world and edge God out and be in charge.

It's like I say sometimes we operate as though we believe God has left the building and now we are in charge. What could be more terrifying than to



think that we're in charge of the world because let's face it, every single One of us probably has done what I've done so many times. Have you ever done this? You say, "I'm not going to eat any of those cookies. I'm not going to eat any of those cookies." The next thing you know, you had six of them. You're like, "Oh, gosh, I've no self-control" or people will say, "I'm never going to sleep with him again. No, it's not just good for me." Then, bam, you did it. "Oops, I did it again," right? The Britney Spears' song, *Oops! I Did It Again*.

Way Out of Terror and Error Is to Choose Love

We all have ways--most of us have ways in which we do that. We make a declaration. Tomorrow, I'm starting a diet and then tomorrow morning, somebody shows up with donuts. "Oh, well, I can't start my diet today." Why do we even have to have a diet? We have to have a diet because we have no self-control, so we have to impose self-control because, otherwise, we'll hurt ourselves.

There's all these crazy, crazy, crazy ego stuff. The way out of the terror and the error is to choose Love, to choose Love. Now, sometimes choosing Love can be just absolutely the last thing that ego would ever consider doing and where we're identified with the ego, choosing Love can be nearly impossible.

That's why I focus entirely on being willing. No matter how resistant or reluctant I might feel to make a loving choice, I always have some willingness, that's me. Sometimes that willingness when I first started doing this, was really buried, like the willingness to forgive or to let my opinions go, my judgments go. That willingness was not very strong. I would say--literally, I would say, "I'm willing to be willing to be willing to be willing to let that judgment go." A little bit of willingness can go a long way.

One of the main ways I know to heal that error terror within is to put the Holy Spirit in charge. That's what Jesus tells us in *A Course in Miracles*. He says--just say this at the beginning of your day, "You decide for me. You decide for me." Then, what really helps is to go through the whole day checking back again and again and again. "Hmm. I was thinking I was going to eat this for dinner. You decide for me." Is that a highest and best for me? Maybe there's another choice because the ego has so many ways to get us fully identified with the ego and in that constant churning and burning of conflict. And little ways to put a crack in that structure make a big difference. Our willingness is the best tool we have.



Trust the Voice of God

It says here that the idea that we could have fathered God is the "ego's insane premise which is carefully hidden in the dark cornerstone of its thought system."

The very idea that we're separate from God and that we fathered God, that we are the God of this world, is the dark cornerstone of the ego's thought system.

It says, "Either the ego, which you made, is your father, or its whole thought system will not stand."

That's the good news is that upon examination if you really look at it, the ego's thought system won't stand. It can't stand. It falls apart.

Now, the great thing is too is you don't have to tear it down or cause it to fall apart. That's why I say you can give the heavy lifting to the Holy Spirit or the Higher Holy Spirit Self, same thing.

By the way, I have come to know, absolutely, that the Higher Holy Spirit Self, the Holy Spirit, the I AM Presence, the guardian angel, all are the same thing. Higher Self, all the same thing. We can use any of these names interchangeably. The other thing for us to know is, that Higher Self, that I AM Presence, that guardian angel is our true nature. It is our perfection. It's never been hurt, harmed. It's never been broken. It doesn't need to be fixed. It is the Knower-Who-Knows that is within each One of us.

One of our aspects of journey to healing the terrorist within, healing that error, is to learn to trust the Voice for God. This is one of the most common questions that I get is how do I know the difference between the ego's voice and the Higher Self or the Holy Self or the Holy Spirit or God or whatever you'd like to call? How do I know the difference between my intuition and the ego? Its tone. Tone is how you know because Spirit speaks to us clearly without adjectives and without any kind of attitude.

The Higher Self will say, "Go to the grocery store now." The Higher Self will say, "Call your friend now." The Higher Self will say, "Don't eat that. Eat something else." The Higher Self will say, "Get out of bed now."

The ego will say, "If you don't get out of the bed now, your life is just a total loser ship." The ego will say, "You better call your friend or you're a terrible



friend." The ego will say, "If you eat that, it's just more evidence you're a loser." That's the difference.

If you're interested in really knowing, is that ego guidance or Spirit guidance, all you have to do is just really pay attention. Notice the tone, notice the language. The Higher Self speaks with a still, small voice. It's not urgent or insistent most of the time, occasionally.

Like one time I was crossing the street, I was listening to Led Zeppelin on my headset. I wasn't paying close enough attention. I literally heard a voice comes through the headset that said, "Watch out." I know that was the angels or my Higher Self or some part of my being that's watching out for me.

Extending Love and Living the Holy Purpose

Continuing on here in Chapter 11, *God or the Ego*. I mean, the Introduction, the very first part in Paragraph 3, it says,

"You make by projection, but God creates by extension."

This is a really important fundamental part of *A Course in Miracles* that we make by projections. We have a thought that is basically an expression of our belief system. I was saying before that our belief system is coagulated thought, the meaning we've made of things, our interpretations from a previous part of our life, previous lifetime.

For instance, let's say, in a previous lifetime you're very wealthy, you didn't really care about the poor, and then you had many instances where you felt guilty or bad for being mercenary. In this time lifetime, you have the thought, "Money is the root of all evil," and you believe it. Alright, so that belief system is the result of the meaning you made of it, your experience at a previous time from the past. It doesn't matter when it came from the past. All of our beliefs come from the past.

Truth is true. It's eternally happening now. Beliefs are based on the past. The way our human life works is that our mind magnetizes and attracts thoughts that are congruent with what we believe. It does not matter whether we believe something that's true or false. Our mind attracts thoughts that are congruent with our belief system.



If we have a belief that money is the root of all evil, we're going to attract thoughts that agree with that. Because we're thinking thoughts that agree with that, we're going to see them projected out onto the screen of our life. Our beliefs magnetize thoughts into our awareness. We don't have to agree with every thought that shows up in our mind.

For instance, sometimes I'll have a thought that is like, "So and so is an idiot," or you're driving in traffic, somebody does something, you think, "Oh, look at that idiot." I'll stop myself. Wait a minute. Is that thought true? Is that person an idiot? I don't know anything about that person. I have no idea their child could be sick. They're trying to get to the hospital. I don't know why they're doing what they're doing. I don't know that they're an idiot. There are no idiots. There are just people who think they are idiots, projecting that out onto the world.

When I hear myself say something like that, "Look at that idiot." Wait a minute, there are no idiots. This I know. There are people who sometimes behave like idiots, why this person is behaving that way? I have no idea. I don't need to judge them. I don't need to make any conclusions about it. I can just observe. Perhaps, that person is stressed. Perhaps that's a cry for Love and I can have compassion. I can just get out of the way. I don't need to judge at all. I don't need to have any thoughts about it at all. My thinking the thought that that person's an idiot disturbs my Peace. Therefore, I'm giving that thought to the Holy Spirit for healing. I'm willing to have a healing with that thought. I don't need to ever think that thought again. Nobody's an idiot. I don't know any idiots. I'm not interested in idiots because if we're interested in idiots, idiots will seem to multiply in our experience because whatever we're placing our attention on, multiplies.

I just think one of the most helpful ways to understand this perception and projection is to really use that word projector. If you think of yourself, you're the projector. Your awareness, your attention is the light in the projector. Your thoughts are the film. You decide what film you're going to hold in your awareness. Whatever thoughts you hold in your awareness, you're projecting your light into, and you may not actually physically see them in the world, but you will experience them in your feelings and your emotions, and that's how this world works. There's just no way around it, because your mind is the mind of God. God is highly creative. Whatever you hold on to in your mind, you're going to bring into your experience.

It says here, "You make by projection, but God creates by extension."



We're extensions of God. When we're living our Holy purpose, we are extending Love.

God Will Bring Darkness to the Light

It says, "The cornerstone of God's creation is you, for God's thought system is light. Remember the Rays that are there unseen."

Rays with the capital "R." *A Course in Miracles* tells us we are Light Beings. When we can see each other in ourselves as we truly are, all we'll see our Great Rays of light. It says, "Great" with a capital "G," capital "R." Great Rays of light. This is our true nature.

"The more we approach the center of God's thought system, the clearer the light becomes. The closer you come to the foundation of the ego's thought system, the darker and more obscure becomes the way."

You think about people who get really meshed in the ego, they get very confused, don't they? They become nonsensical. They start making completely irrational decisions.

It says, "Yet even the little spark in your mind..." Spark of God in your mind. "...is enough to lighten it."

No Matter how dark it gets, the spark of light in your life is enough to lighten it.

"Bring this light fearlessly with you, and bravely hold it up to the foundation of the ego's thought system. Be willing to judge it with perfect honesty. Open the dark cornerstone of terror on which it rests, and bring it out into the light."

This is where we can be very diligent for God is to not run in high from the ego system, thought system, but to be willing to stand and face it and say, "What is this thought here? I'm feeling afraid. I'm feeling worried. I'm feeling hurt. I'm feeling upset. I'm feeling terrorized." Whatever it is that's going on, we can turn and face it and say, "What's this about? I'd like to really know the Truth here." We take the light of God that is our very nature. We shine that light to bring the darkness to the light.

The Holy Spirit which is the Higher Self will figure it all out for us. We don't have to figure it out. We don't have to figure it out. I Love that about God. All we have to do is be willing.



Now, in Chapter 13, we're coming close to the end of this class now. We're going to go a little bit further here. In Chapter 13, Section III, it talks about *The Fear of Redemption*. It starts with,

"You may wonder why it is so crucial that you look upon your hatred and realize its full extent. You may also think that it would be easy enough for the Holy Spirit to show it to you, and to dispel it without the need for you to raise it to awareness yourself. Yet there is one more obstacle that you have interposed between yourself and the Atonement."

What is the Atonement? The Atonement is the full realization that there is no separation, has been no separation, will be no separation.

It says, "One more obstacle that you have interposed between yourself and the Atonement." Yourself in waking up.

It says, "We have said that no one will countenance fear if he recognizes it."

When we really recognize fear, we'll say, "No, not living in fear." But you see, oftentimes, we don't really recognize which is you do not like it--oh, excuse me.

"Yet in your disordered state of mind..." Remember the ego confusion. "...you are not afraid of fear."

In your distorted state of mind, you are not afraid of fear.

"You do not like it, but it is not your desire to attack that really frightens you. You are not seriously disturbed by your hostility."

This is really helpful to us in healing that terrorist within, the error within, because we're not seriously disturbed by our own hostility. Think about hostility that you might be projecting out onto people in many different ways. Many people don't even realize how hostile some of their stuff is. We're going to bring a lot of these to the light in these 11 classes. We're going to bring a lot of these to the light.

I tell you, in the *Living the Course in Miracles* classes, remember this is the 10th series that we have done. We bring so much Clarity to these teachings. These teachings are so helpful.

By the way, if you're interested, we do have series one through nine, they're available for sale right now. They're not free. Your purchase of them, they're in the store at LivingACourseinMiracles.com. We have CD sets. We have downloads. We have transcripts of them. We have a little more than 150



classes, great, great classes from all kinds of *Course in Miracles* teachers. They're available now for sale in the store. The whole purpose of these classes is for us to really have some really powerful, helpful healing.

Oh, I just saw a rabbit.

"You're not really seriously disturbed by your hostility."

Many of us, we harbor a lot of hostility. I have seen--I tell you, there had been times sometimes when I'll say something as a spiritual teacher and people will get so hostile to me. They're like, "Whoa! Where did that come from?" It's just interesting. We're not seriously disturbed by our hostility. We keep it hidden because we're more afraid of what it covers, right? Isn't that the Truth about a lot of spiritual students that secretly, they're afraid? Secretly, they're angry. Secretly, they have a lot of hostility. Secretly, they're manipulative and controlling. Secretly, they feel ashamed.

You see, I'm interested in bringing all these to the light because I've had all these patterns and I know how much it festers when we keep it secret. Here's the thing, there's just no absolutely--it's a cornerstone of *A Course in Miracles* is, there are no private thoughts. None. There are no private thoughts. What that mean is, all minds are joined. We share the One mind. We share the mind with everyone. Where could you hide a private thought when you share the same mind? You see, it's just an illusion that you can have a private thought.

We think we can have private thoughts that we're married to somebody we don't really like and then won't really know it. There's just no way. Just because we don't say things doesn't mean we don't know it. How can we know when someone doesn't like us even if they treat us kindly and nicely? We can tell that they don't really like us. There's just no way to keep anything hidden. We have One mind that we share.

It says, "We keep our hostility hidden because we're more afraid of what it covers."

It says, "You could look even upon the ego's darkest cornerstone without fear if you did not believe that, without the ego, you would find within yourself something you fear even more."

We don't even want to go there because there's something lurking there in the darkness that we're more afraid of than our hostility, more afraid of than our desire to attack.



It says, "You're not really afraid of crucifixion. Your real terror is of redemption."

Your real terror is of redemption. Here's why.

"Under the ego's dark foundation is the memory of God, and it is of this that you are really afraid. For this memory of God would instantly restore you to your proper place, and it is this place that you have sought to leave. Your fear of attack is nothing compared to your fear of Love. You would be willing to look even upon your savage wish to kill God's Son if you did not believe that it saves you from Love. For this wish caused the separation and you have protected it because you do not want the separation healed. You realize that, by removing the dark cloud that obscures it, your Love for your Father would impel you to answer His call and leap into Heaven. You believe that attack is salvation because it would prevent you from this. For still deeper than the ego's foundation and much stronger than it will ever be, is your intense and burning Love of God, and God's Love for you. This is what you really want to hide."

Learning Through the Contrast

It says, "In honesty, is it not harder for you to say 'I Love' than 'I hate?' You associate Love with weakness and hatred with strength, and your own real power seems to you as your real weakness."

Our real power is the power of Love.

"For you could not control your joyous response to the call of Love if you heard it, and the whole world you thought you made would vanish. The Holy Spirit, then, seems to be attacking your fortress, and you would shut out God, and He does not will to be excluded."

This is the whole crux of the error. The error is that we have made this ego thought system. We have made this thought system of separation, and because we made it, we cherish it. That's one of the themes of *A Course in Miracles* is, everybody loves what they make. You make your children, you Love them. You make some cookies, you Love them. Later, I'll be making strawberry shortcake. I will Love it. We Love what we made. Even if what we made is hurting us, right?

Haven't we all had experiences like that where we made up the meaning of something that's completely false, completely incorrect? We get so attached



to it. Let's say, we make up the meaning that someone has done us wrong and therefore they are bad and they are wrong and they should be punished, and we get very invested in thoughts like that. Then, we realized, "Oh, I made an error. They didn't do what I thought they did. Therefore, they're not bad. They're not wrong and they don't deserve to be punished." Sometimes, we are so committed to the meaning we've made of it, we just can't let it go. We won't allow ourselves to know the Truth.

This is what the Course is telling us here, is that we are so enamored of what we've made, this ego thought system of separation that you don't want to let it go, because we made it in order to usurp God and to be able to say, "God abandoned me. God left the building. I have to be in charge. I have to be the One who says whose good and who's bad, who right and who's wrong. There is nobody else. I am the One."

But truthfully, that position whether we recognize it or not in our day-to-day experience, it leaves us always feeling insecure and afraid, always, always, always, no matter what. It's always painful, always disturbing, and that is the terrorist within. That's the ego, always finding ways for us to feel separate, like a motherless child, an abandoned child for we have not been abandoned. We cannot be abandoned.

One of my favorite places in the text is where Jesus talks about--people say that I was abandoned. You know, that in the garden of Gethsemane, I felt abandoned by God, by the disciples, that I felt abandoned. He says, "I didn't feel abandoned. The reason I didn't feel abandoned is because I knew that it wasn't even possible."

If you feel abandoned, if you feel lost, if you feel deserted, if you feel unloved, it really is a reflection of your beliefs that you're projecting on to God. It's not that you're bad or wrong for doing it, it's just that's how you're choosing to learn. This human experience that we're having, we learn through contrast. That's the major way that we learn in this world.

We have the experience of being kind and loving and generous and undoing the ego thought system, we start to experience more miracles. We make a commitment to being truly helpful. Our life is opening up. It's more loving. It's more gentle. It's more peaceful. It's more prosperous. We're feeling really good and then we get triggered. We get triggered into some resentment, into some regret, some guilt, some shame, some blame, some hurt, and we start spiraling down into the upsets and making it seem so real and blaming and



shaming and feeling guilty, et cetera. Then, we have that experience and we think, "Oh, my God. What happened? I was doing so well and now I'm crashing and burning. I must be a loser." No, it's not true. It's just that we learn through contrast.

That's what we've chosen in this world, to learn through the illusion of duality. The illusion of duality becomes our experience of contrast. The illusion of duality is that we're separate from God and the contrast is we're separate from good. We're separate from Peace. It's going back to that conflict that I was talking about earlier that every conflict that we have, every problem that we have in this world is predicated on our beliefs that we're separate, but we're not separate.

Looking for all the ways that we label things in order to feel more separate, to keep the separation alive and just say, "I'm not interested in labeling anymore. I'm not interested in feeling separate anymore. I am One with all. I am One with all. I'm going to take comfort in the Oneness." The ego takes comfort in the separation and Spirit takes comfort in the Unity. Well, let's see.

Upcoming Spiritual Events

We're about at time here and I'd like to share a few things with you before we close out. Some of the things that we have coming up at the Power of Love Ministry at JenniferHadley.com and LivingACourseinMiracles.com. We've got right now if you would like to help with *Forgiveness*, I have a free *Forgiveness* Workshop at JenniferHadley.com right on the homepage. It's totally free. I encourage you to grow grab it and do it with your friends, make a day of it and afternoon of it. Use it in your study group. Do it with family, friends, and loved ones. It's called *How to Get Over It*. It's totally free on the homepage at JenniferHadley.com.

Every day I write spiritual inspiration that I call my Spiritual Espresso. It's my daily blog. You can sign up for it. It's totally free. Every day I record a new prayer. It's totally free. You can download the prayer from the blog page and you can also dial the number. Dial the number which is 760-569-6005. That's 760-569-6005. It's also in the prayer page at JenniferHadley.com. If you're subscribed to my Daily Inspiration, you can click and pray with me. You can just click right in the email that you get every day and click through and pray there. Put the number in your speed dial. Then, you've always got me to pray with. I record a new prayer every single day



Some other things that are coming up, I have four-part workshop on *Forgiveness*, four-part class on *Forgiveness*, and many other classes available at JenniferHadley.com for the immediate download. As I mentioned, we've got the last nine *Living A Course in Miracles* for sale on the website. This one is entirely free, partly funded by the sales of previous *Living A Course in Miracles* series. We have the *A Course in Miracles* radio show.

By the way, we do have discounted tickets to the 2018 *A Course in Miracles* conference in February in San Francisco. You can get those discounted tickets from us for a payment plan. We bought tickets early. We've got cheaper tickets. You can't buy them cheaper from the conference anymore. We'll give you a payment plan. That's at JenniferHadley.com on the events page.

Then, something that I have been doing for the last couple of years is I'm training spiritual counselors, so I have a Spiritual Counseling Certification Program. That program is--it takes about a year and a half or more, you can certainly take longer to do it, includes a number of different things, the ideas that by the time you've completed the certification that you would feel absolutely confident and be completely ready to have your own counseling business.

One of the pieces of that spiritual counseling training is my Spiritual Counseling Intensive which is a weeklong intensive. Anyone can take this or anything. I don't have any requirement for these things. Anyone can take my Spiritual Counseling Intensive. I have one in England. Salisbury, England in early September, and then I have one in Thailand in early November.

Also, in England, right before the Intensive, I'm doing five days and four nights of sightseeing at Salisbury, Glastonbury, Avebury and Bath, some of my favorite places. Of course, we'll go to Stonehenge and all around there. We're going to do five days of sightseeing. That'll be really fun. I know we'll have people coming from all over. It's a small group.

If you have any interest in that, please sign up now. We've got an early bird price on the sacred sightseeing. Then, the Spiritual Counseling Intensive in England, we still have an early bird price on that. I'm going to be announcing soon my *Self-Love and Extreme Pampering* retreat in Thailand. Some people may want to combine that with the Intensive, so two events in Thailand in November.



In October, in North Carolina, I'm offering a retreat, *Living A Course in Miracles* retreat. That's Columbus Day weekend. I'll be announcing that shortly. Then the following weekend, mid-October, I'm doing a *Forgiveness* weekend retreat, and then New Year's Eve weekend, I'm doing *New Year's Reboot* retreat.

We've got a lot of events coming up. We have a ton of free stuff at JenniferHadley.com. All these things are for you to support you and truly *Living A Course in Miracles: Living the Love and Walking the Talk*.

I love doing these classes. Thank you for showing up. Thank you for joining me.

Closing Prayer

I am going to invite you to pray with me right now. We're going to seal this with a prayer. We place our hand on our heart once again and we agree wholeheartedly to be a beneficial presence, to be truly helpful in this world.

We are grateful and thankful to open ourselves to the unlimited, unprecedented flow of Love. We are grateful and thankful to open our hearts and open our minds to the highest possibility of Love in each and every moment.

We are grateful to call forth the Holy Spirit to walk with us and talk with us and to show us the way, to decide for us. We are grateful and thankful to live the Love.

In gratitude, we share the benefits with everyone. In gratitude, we accept our healing as done and so it is. Amen. Amen, Amen, Amen.

God bless you. I Love you. Thank you again for joining me. Have a beautiful and blessed day. We'll be back here tomorrow with Miranda MacPherson. Mwah!